



Continuing the Japanese Tradition  
of Care and Support for Seniors

**KIMOCHI NUTRITION PROGRAM**

Located in the Japanese Community and Cultural Center of Northern California building  
1840 Sutter Street (Between Buchanan/Webster Streets) San Francisco, CA. 94115  
KIMOCHI NUTRITION OFFICE (415) 931-2287

**Menu for MARCH 2024 - AUGUST 2024**

<b>SATURDAY</b>	<b>SUNDAY</b>
<p><b><u>SALMON MISOYAKI</u></b> Cauliflower, Spinach &amp; Tomato Salad, Apple Mar 09                      Apr 13 May 18                      Jun 22 Jul 27                        Aug 31</p>	<p><b><u>UNAGI KABAYAKI</u></b> Broccoli, Spring Mix &amp; Edamame Salad, Orange Mar 10                      Apr 14 May 19                      Jun 23 Jul 28                        Sep 01</p>
<p><b><u>CHICKEN TERIYAKI</u></b> Mixed Vegetables, Spring Mix &amp; Tomato Salad, Apple Mar 16                      Apr 20 May 25                      Jun 29 Aug 03</p>	<p><b><u>SABA MISO-NI</u></b> Zucchini, Green Cabbage Salad, Apple Mar 17                      Apr 21 May 26                      Jun 30 Aug 04</p>
<p><b><u>UNAGI KABAYAKI</u></b> Broccoli, Three Bean Salad, Orange Mar 23                      Apr 27 Jun 01                        Jul 06 Aug 10</p>	<p><b><u>AJI FRY</u></b> Cabbage, Spring Mix &amp; Corn Salad, Orange Mar 24                      Apr 28 Jun 02                        Jul 07 Aug 11</p>
<p><b><u>SABA SHIOYAKI</u></b> Cauliflower, Carrot &amp; Raisin Salad Orange Mar 30                      May 04 Jun 08                        Jul 13 Aug 17</p>	<p><b><u>CHICKEN CURRY</u></b> Spinach &amp; Tomato Salad, Apple Mar 31                      May 05 Jun 09                        Jul 14 Aug 18</p>
<p><b><u>CHICKEN KARAAGE</u></b> Cabbage, Spring Mix &amp; Tomato Salad, Apple Apr 06                      May 11 Jun 15                        Jul 20 Aug 24</p>	<p><b><u>SALMON SHIOYAKI</u></b> Broccoli, Daikon &amp; Carrot Salad, Orange Apr 07                      May 12 Jun 16                        Jul 21 Aug 25</p>

OPEN FOR SIT DOWN - MONDAY TO FRIDAY, 10:45AM - 12:30PM. RESERVATIONS & LIMITED WALK-INS.  
MEALS INCLUDE RICE\* AND MILK - \*NO RICE WITH KIMOCHI UDON, SOBA, & NOODLE SOUP

OUR MENU MEETS 1/3 DRI FOR ALL TARGET NUTRIENTS EXCEPT WHOLE GRAINS AND VITAMIN D.

THE KIMOCHI DIETITIAN WILL PROVIDE EDUCATION ON HOW TO ENSURE YOU ARE MEETING YOUR DAILY WHOLE GRAIN AND VITAMIN D NEEDS.



SAN FRANCISCO HUMAN SERVICES AGENCY  
**Department of Disability  
and Aging Services**

This program serving the community is funded by the  
City of San Francisco's Department of Disability and Aging Services.